



- Olives and Bread£3.95
Mixed olives with balsamic and a gluten free roll
- Soup of the Day£4.25
Homemade soup with a gluten free roll
- Fish Cake£5.25
Smoked haddock and mozzarella fishcake with a poached egg
and balsamic dressed salad leaves
- Filled Roll with chips and salad£7.95
Mature Cheddar and onion marmalade
Bacon Lettuce and Tomato with Mayo
Sautéed Mushroom and Wensleydale
Fish Fingers with crisp lettuce and mayo
- Nachos Grande£8.75
Nachos with melted cheese, salsa, guacamole, sour cream and either
Chilli con Carne or Butternut Squash Chilli
- Burgers Served in a gluten free bun with fries and salad £10.25
Beef John's Kitchen 6oz beef burger with cheese, relish and gherkins
Vege John's Kitchen beetroot, butternut squash and goats cheese with relish
- Mushroom Stroganoff.....£9.75
Mushrooms and red peppers in a creamy sauce served with
skinny fries or rice
- Apple and Blackberry Crumble and custard£5.25
- Chocolate Fondant and vanilla ice cream.....£4.95
- Sticky Toffee Pudding and cream.....£5.25
- 3 scoops of ice cream, ask for today's flavours.....£3.75

PLEASE ENSURE ON ORDERING THAT YOU ASK FOR THE
GLUTEN FREE OPTIONS



- Soup of the Day £4.25
Our soups are created vegan, the cream or cheese is only added later;
your roll will come with vegan butter
- Olives and bread..... £3.95
Mixed olives with warm bread and balsamic
- Falafels £4.25
Warm Falafels and salad with pitta bread and salsa
- Potato Rosti with mushrooms John's Kitchen gluten free too John's Kitchen £4.25
Pan fried garlic mushrooms and roast peppers on a rosti
- Chilli John's Kitchen gluten free too John's Kitchen £8.75
Butternut squash, sweet potato and bean chilli with rice, fries
or chunky chips
- Burger £10.25
Soya protein Quarter Pound Burger in a ciabatta with tomato
relish and tarragon mayo with salad and fries
- Penang Curry..... £10.25
Cauliflower, green beans, mangetout and peppers in a creamy
coconut sauce served with rice.
- Red Onion Sausages your way £7.95
Red Onion and Rosemary Sausages with crushed baby potatoes,
garden peas and veggie gravy
Sausage Butty in ciabatta or harvester baguette with handcut chips
and onion marmalade
- Brownie..... £5.25
Cranberry and Pecan Brownie with vanilla ice cream
- Ice Cream John's Kitchen gluten free too John's Kitchen £3.75
Vanilla Ice Cream with dark chocolate sauce

PLEASE ENSURE ON ORDERING THAT YOU ASK FOR THE
VEGAN OPTIONS