

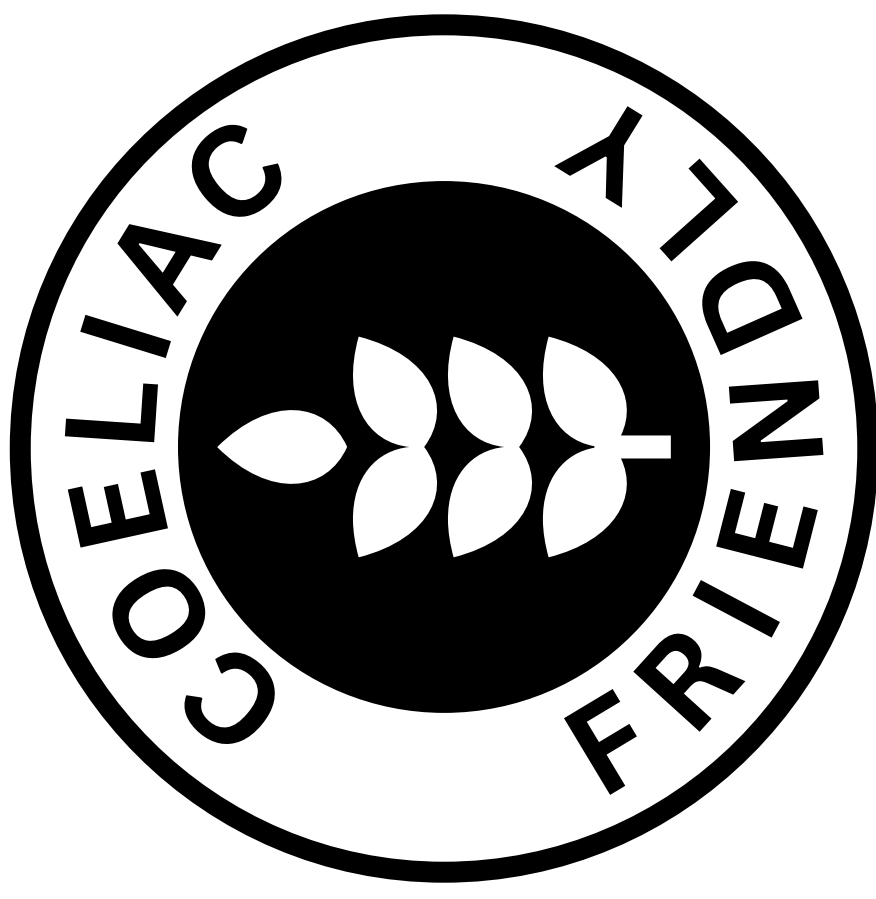
# GLUTEN AWARE STATEMENT

We take food safety very seriously and while we can never guarantee our food to be 100% gluten free as it is prepared in a one room kitchen, these are the steps we take to avoid cross contamination of our dishes that don't contain gluten.

- We use gluten free ingredients wherever possible to create as much of our menu naturally gluten free.
- Dishes heated in the oven are done on a separate baking tray on the top shelf.
- No gluten containing foods are cooked on the griddle.
- We have a dedicated fryer solely for gluten free items.
- We have separate chopping boards for gluten free items.
- When you request gluten free dishes we use all fresh utensils to serve it.
- We have separate butter and sauces to avoid crumb cross contamination.

# WUTHERING HEIGHTS INN COELIAC FRIENDLY MENU

PLEASE ORDER ALL FOOD AND DRINKS AT THE BAR  
WITH YOUR TABLE NUMBER



*Please alert staff to any allergies when ordering and specify that you are ordering from the coeliac friendly menu.*

## STARTERS

- *Soup of the Day with a gluten free roll* £6.00 (V)
- *Sweet Potato Falafels with vegan sriracha mayo* £5.25 (VE)
- *Yorkshire Pudding with mash, gravy and roast beef* £6.25
- *Creamy Garlic and Wensleydale Mushrooms with salad* £6.50 (V)
- *Halloumi strips with sweet chilli dip* £5.75 (V)
- *Potato Skins filled with cheese and chive served with soured cream* £5.75 (V)
- *Crispy Whitebait with tartare sauce* £4.75

## KIDS

- *Chicken or Veggie Nuggets with chips or fries and peas, beans or salad* £6.25
- *Fish Fingers with chips or fries and peas, beans or salad* £6.25
- *Vanilla ice cream with Chocolate, Toffee or Berry sauce* £3.00
- *Sunday Roast Beef or Quorn Fillet with mash, veggies and Yorkshire Pud* £6.75

## DESSERTS

- *Apple & Blackberry Crumble with custard, cream, ice cream or vegan ice cream* £5.50 (VE\*)
- *Chocolate Brownie with vanilla ice cream & chocolate sauce* £5.95 (VE\*)
- *Sticky Toffee Pudding with custard or ice cream* £5.95
- *Caramel Fudge, Chocolate and Vanilla Ice cream with a gluten free cookie and chocolate and caramel sauces* £5.25 (V)

## MAIN COURSES

- *Florentine Fish Pie - smoked haddock and spinach in a creamy cheese sauce topped with mash and served with vegetables* £13.95
- *Eden Pie - butternut squash and vegetables with lentils in a herb gravy topped with mash, served with vegetables* £12.95 (V)(VE\*)
- *Sweet Potato, Chickpea and Spinach Curry in a coconut sauce with basmati and wild rice* £11.75 (VE)
- *Halloumi Burger - served in a gluten free brioche bun with chilli jam, mayo and salad and a side of skinny fries* £12.75 (V)
- *Chicken and Mushroom Stroganoff with basmati rice or fries* £12.50
- *Salmon and Dill Fishcake, mustard and dill sauce, salad and fries* £9.75
- *Gammon, chunky chips, pineapple, egg and garden peas* £13.95
- *Butternut Squash and Bean Chilli on cheesy topped nachos with salsa and sour cream* £9.95 (V)
- *Fish Friday - battered haddock with chips and mushy peas and tartare sauce with a pot of tea* £10.00
- *Sunday Roasts - your choice of Topside of Beef, Chicken with sage chipolata, Quorn Fillers or Nut Loaf all served with roast and mashed potatoes, parsnips and seasonal vegetables, Yorkshire pudding and gravy* £13.95 (V) Vegetarian (VE) Vegan (VE\*) Vegan on request